

\*This is not a school sponsored activity\*

# Bensenville Wahoo

## PRE-SEASON

### Spring Stroke Clinics

**May 3, 2016 - May 26, 2016**  
**Tuesdays & Thursdays**  
**5:30pm - 7:00pm**

Resident	\$72.00
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Non-Resident	\$88.00
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*Stroke clinics are not geared for individuals looking to learn how to swim. These clinics are for current swimmers that are looking to build their proficiency in the 4 basic competitive strokes : breaststroke, butterfly, backstroke, and freestyle. Participants train utilizing different drills and techniques to help refine each of the strokes. This is a great opportunity to warm up for the Summer Swim Team!!*

Please register early: Online registration available

Visit our website for more information on our Summer Wahoo Swim Team!

Swim team season will run May 31, 2016 - July 30, 2016

*There are no make-ups for missed classes.*



The Water's Edge Aquatic Center  
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[www.bensenvillewahoos.com](http://www.bensenvillewahoos.com)