



## LAP & THERAPY SWIM, FAMILY SWIM & AQUATIC FITNESS CLASSES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			31	1	2	3
			POOL CLOSED New Years Eve 	POOL CLOSED New Years Day 	Lap & Therapy Swim 9:00a - 3:00p	Lap Swim & Family Swim 12:00p - 3:00p "Fluidity" Aquatic Fitness 10:30a - 11:30a Taught by Annette
4	5	6	7	8	9	10
Family Swim & Therapy Swim 12:00p - 3:00p	POOL CLOSED "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p	Lap Swim & Family Swim 12:00p - 3:00p "Fluidity" Aquatic Fitness 10:30a - 11:30a Taught by Annette
11	12	13	14	15	16	17
Family Swim & Therapy Swim 12:00p - 3:00p	POOL CLOSED "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p	Lap Swim & Family Swim 12:00p - 3:00p "Fluidity" Aquatic Fitness 10:30a - 11:30a Taught by Annette
18	19	20	21	22	23	24
Family Swim & Therapy Swim 12:00p - 3:00p	POOL CLOSED "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Family Swim 9:00a - 3:00p	Lap Swim & Family Swim 12:00p - 3:00p "Fluidity" Aquatic Fitness 10:30a - 11:30a Taught by Annette
25	26	27	28	29	30	31
Family Swim & Therapy Swim 12:00p - 3:00p	POOL CLOSED "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p	Lap Swim & Family Swim 12:00p - 3:00p

Daily Fees Resident:	\$6.00 Adult/Child (4+) \$3.00 Senior (60+)
Daily Fees Non-Resident:	\$12.00 Adult/Child (4+) \$6.00 Senior (60+)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			31	1	2	3
			 POOL CLOSED New Years Eve	 POOL CLOSED New Years Day 2026 Chill, Relax, Recharge	POOL CLOSED for Evening Swim	Family Swim &Therapy Swim 12:00p - 3:00p
4	5	6	7	8	9	10
Family Swim &Therapy Swim 12:00p - 3:00p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 5:00p - 8:00p	Family Swim &Therapy Swim 12:00p - 3:00p
	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	
	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lanes Available 5:00p - 8:00p	
11	12	13	14	15	16	17
Family Swim &Therapy Swim 12:00p - 3:00p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 5:00p - 8:00p	Family Swim &Therapy Swim 12:00p - 3:00p
	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	
	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lanes Available 5:00p - 8:00p	
18	19	20	21	22	23	24
Family Swim &Therapy Swim 12:00p - 3:00p	Lap & Therapy Swim 6:30p - 8:00p	Lap & Therapy Swim 6:30p - 8:00p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 5:00p - 8:00p	Family Swim &Therapy Swim 12:00p - 3:00p
	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL CLOSED	DIVE WELL OPEN	
	1 Lap Lanes Available 6:30p - 8:00p	1 Lap Lanes Available 6:30p - 8:00p	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lanes Available 5:00p - 8:00p	
25	26	27	28	29	30	31
Family Swim &Therapy Swim 12:00p - 3:00p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 5:00p - 8:00p	Family Swim &Therapy Swim 12:00p - 3:00p
	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	
	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lanes Available 5:00p - 8:00p	

Lap & Therapy Swim (Monday- Sundays) is a "Swim at Your Own Risk" program. Lap & Therapy Swim is open to Adults 16 years or older. Children under 16 years of age **MUST** be accompanied by an adult 16 years or older IN the water. Swimming alone is **NOT** advised. Aquatic Fitness classes are offered to adults 16 years of age or older at drop in rates or as an advantage to those holding Aquatic Memberships. The Village of Bensenville is not responsible for lost, stolen or damaged items; lockers are available free of charge, but locks must be provided by participants. The Water's Edge Aquatic Department Manager and staff reserve the right to close any lap lanes, classes or pool areas for weather, private lessons, rentals, special events, swim meets, illness, etc.. Please visit our website for more information on our facility depths, rules, programming and special events. Schedule subject to change



**LAP & THERAPY SWIM, FAMILY SWIM & AQUATIC FITNESS CLASSES**

**FEBRUARY 2026**

<b>Daily Fees Resident:</b>	\$6.00 Adult/Child (4+) \$3.00 Senior (60+)
<b>Daily Fees Non-Resident:</b>	\$12.00 Adult/Child (4+) \$6.00 Senior (60+)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Family Swim & Therapy Swim 12:00p - 3:00p	POOL CLOSED "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 10:30a - 11:30a Taught by Annette	Lap Swim & Family Swim 12:00p - 3:00p "Fluidity" Aquatic Fitness 10:30a - 11:30a Taught by Annette
8	9	10	11	12	13	14
Family Swim & Therapy Swim 12:00p - 3:00p	POOL CLOSED "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p No Fitness Classes on 2/10	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 10:30a - 11:30a Taught by Annette	Lap Swim & Family Swim 12:00p - 3:00p "Fluidity" Aquatic Fitness 10:30a - 11:30a Taught by Annette
15	16	17	18	19	20	21
Family Swim & Therapy Swim 12:00p - 3:00p	POOL CLOSED "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 10:30a - 11:30a Taught by Annette	Lap Swim & Family Swim 12:00p - 3:00p "Fluidity" Aquatic Fitness 10:30a - 11:30a Taught by Annette
22	23	24	25	26	27	28
Family Swim & Therapy Swim 12:00p - 3:00p	POOL CLOSED "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Therapy Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 6:15p - 7:15p Taught by Annette	Lap & Family Swim 9:00a - 3:00p "Fluidity" Aquatic Fitness 10:30a - 11:30a Taught by Annette	Lap Swim & Family Swim 12:00p - 3:00p "Fluidity" Aquatic Fitness 10:30a - 11:30a Taught by Annette
29	Family Swim & Therapy Swim 12:00p - 3:00p					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Family Swim &Therapy Swim 12:00p - 3:00p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 8:00p - 9:00p	Lap & Therapy Swim 5:00p - 8:00p	Family Swim &Therapy Swim 12:00p - 3:00p
	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL CLOSED	DIVE WELL OPEN	
	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 8:00p - 9:00p	1 Lanes Available 5:00p - 8:00p	
8	9	10	11	12	13	14
Family Swim &Therapy Swim 12:00p - 3:00p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 5:00p - 8:00p	Family Swim &Therapy Swim 12:00p - 3:00p			
	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	
	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	1 Lap Lanes Available 7:00p - 8:30p	NO Lap Lanes Available	1 Lanes Available 5:00p - 8:00p	
15	16	17	18	19	20	21
Family Swim &Therapy Swim 12:00p - 3:00p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 5:00p - 8:00p	Family Swim &Therapy Swim 12:00p - 3:00p			
	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL CLOSED	DIVE WELL OPEN	
	1 Lap Lanes Available 7:00p - 8:30p	1 Lanes Available 5:00p - 8:00p				
22	23	24	25	26	27	28
Family Swim &Therapy Swim 12:00p - 3:00p	Lap & Therapy Swim 7:00p - 8:30p	Lap & Therapy Swim 5:00p - 8:00p	Family Swim &Therapy Swim 12:00p - 3:00p			
	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	DIVE WELL OPEN	
	1 Lap Lanes Available 7:00p - 8:30p	1 Lanes Available 5:00p - 8:00p				
29	26	27	28	29	30	31
Family Swim &Therapy Swim 12:00p - 3:00p						

Lap & Therapy Swim (Monday- Sundays) is a "Swim at Your Own Risk" program. Lap & Therapy Swim is open to Adults 16 years or older. Children under 16 years of age MUST be accompanied by an adult 16 years or older IN the water. Swimming alone is NOT advised. Aquatic Fitness classes are offered to adults 16 years of age or older at drop in rates or as an advantage to those holding Aquatic Memberships. The Village of Bensenville is not responsible for lost, stolen or damaged items; lockers are available free of charge, but locks must be provided by participants. The Water's Edge Aquatic Department Manager and staff reserve the right to close any lap lanes, classes or pool areas for weather, private lessons, rentals, special events, swim meets, illness, etc.. Please visit our website for more information on our facility depths, rules, programming and special events. Schedule subject to change