

Age Well DuPage

Renew, Recharge, Reinvent

Join us for a FREE community event presented by DuPage County Senior Services and College of DuPage Continuing Education!

Sunday, May 19, 2013

1-4 p.m.

College of DuPage, 425 Fawell Blvd., Glen Ellyn

Student Resource Center (SRC), Room 2000

Refreshments served courtesy of Waterleaf Restaurant

Keynote: *Aging Well in DuPage*, Lucia West Jones, Northeastern Illinois Agency on Aging

Experience the services and opportunities available in DuPage County for a full life at any age! Age Well DuPage is a free event with exciting breakout sessions that will inform and entertain. These sessions include:

- Older Worker Job Search
- Enrolling in Social Security
- Financial Planning for Life-Changing Events
- Guide to Aging in Place
- Medicare 101
- Stay Well, Live Longer
- Stress No More
- Tai Chi
- Volunteer Opportunities for Older Adults, and more

We encourage you to join us for this event to enrich your life, socialize, and learn about the rich opportunities available to you in DuPage County.

Contact us!

For more information, and to register for this free event, contact Antonia Harlan, DuPage County Community Services, at (630) 407-6500, or Antonia.Harlan@dupageco.org.